

My name is Vanessa Peynenburg, and I am running for the position of Faculty of Graduate Studies and Research Director.

#### MENTAL HEALTH

Campus mental health should be a priority for both undergraduate and graduate students. I will campaign to ensure that graduate students have better access to mental health resources on campus and in the community.

#### MENTORSHIP

So you got into grad school – what now? Entering graduate studies is an entirely different experience from completing your undergraduate degree. You have traded in large lecture halls for an office where you spend the majority of your time. Instead of cramming for midterms, you always have a research deadline looming over you. Four years ago, you dreamed of having so much independence, but now you are terrified by the lack of guidance.

I want to increase mentoring opportunities for graduate students so that this transition is at least a little more manageable. Older students can be paired with incoming students to offer advice about housing options, time management, opportunities for skills development, and life in Regina.

#### CAMPUS CONNECTIONS

I hope to increase opportunities for students and faculty to engage in interdisciplinary research, to collaborate with community partners, and to share their findings with the public.

I plan to connect with various student associations on campus, including the Graduate Students' Association, to create a better academic, professional, and social experience for students in the Faculty of Graduate Studies and Research.